

Minalkumar Patel, MD, MPH

Dr. Minalkumar (Minal) Patel is CEO of Care Management International, an innovative care management company which he founded in 2006. CMI is a pioneer in applying the concept of business process outsourcing to the medical management industry, areas where Dr. Patel holds a national reputation. Prior to this, he has served in several executive roles, most recently as President and COO of Horizon Healthcare of New York, a 200,000-member subsidiary of Horizon BCBSNJ. Dr. Patel's care management expertise comes from being the Executive Medical Director for Quality Management and Clinical Innovations for Horizon Blue Cross Blue Shield of New Jersey, where he was responsible for building Horizon's comprehensive care management programs and leading the plan through the complex accreditation processes with NCQA and URAC. He is a board certified internist with a passion for quality improvement in healthcare. He also serves as the medical advisor for Northeast Business Group on Health.

Dr. Patel is a graduate of Boston University's six-year medical program, having received both his bachelor's degree in medical sciences and his doctorate in medicine in 1995. Dr. Patel completed his medical residency in internal medicine at Brigham and Women's Hospital in Boston, MA. He joined the Faculty of Medicine at Harvard University and the medical staff at Brigham and Women's Hospital in 1998.

Dr. Patel was appointed to a research group in pharmacoepidemiology and pharmacoconomics. His primary responsibilities included conducting research in pharmaceutical outcomes, and developing and executing quality improvement strategies around pharmaceutical utilization. In addition to this, Dr. Patel maintained a primary care academic practice and served as a hospitalist. Dr. Patel completed his Masters in Public Health at Harvard University in 2000.

While continuing to maintain his clinical affiliation with Brigham and Women's and Harvard Medical School, Dr. Patel joined McKinsey and Company as a strategy consultant in November of 2000. In that capacity, Dr. Patel served many pharmaceutical and other health care clients in developing overall corporate strategy.

Dr. Patel lives in Weehawken, New Jersey with his wife, Asra Warsi and son Dylan.

