



WHAT PURCHASERS NEED TO KNOW ABOUT CANCER

Based on National Alliance of Healthcare Purchaser Coalitions' eValue8 Deep Dive

ARE YOUR HEALTH PLANS KEEPING PACE WITH THE RAPID ADVANCES IN CANCER CARE?

Cancer mortality rates are dropping **Costs of treatment** are skyrocketing

Inconsistent coding and care pathways are a roadblock to managing cost and quality

% of Rx claims subject to prior authorization

25%

Drop in cancer mortality rate since early 2000s1

100,000-400,000

Cost per year for many new cancer drugs

700,000 **Genetic biomarker tests**

BUT ONLY

200 Lab billing codes

¹Unless otherwise indicated, references may be found in the National Alliance's publication, Achieving Value in Cancer Care

Some types of cancer can now be managed like a chronic condition

ARE YOUR EMPLOYEES GETTING THE RIGHT CARE?

Milliman reported that the cost of chemotherapy can vary by 30% to 50% between a physician's office and a hospital outpatient setting

National plans typically adapt existing approaches to encourage appropriate care

- Most rely on prior authorization and case management
- Most offer web-based tools
- Few use feedback reporting
- None use incentive payments

CANCER CARE IS EVOLVING TO DELIVER PATIENT-CENTERED CARE

CANCER PCMH **REQUIRED SERVICES**

SPECIALIZED CANCER CASE MANAGEMENT

Patient education Care plan **Nutritional** counseling Rehabilitation services Patientreported

outcomes

Access to clinical trials

SDM, second opinion, tumor board

Patient navigation Genetic counseling

Psychosocial services

including transportation **Financial counseling**

Palliative care

Survivorship care plan/ return to work

> **Advance care** planning

Referrals to COE/oncology practice

> Caregiver support

Claims process and questions

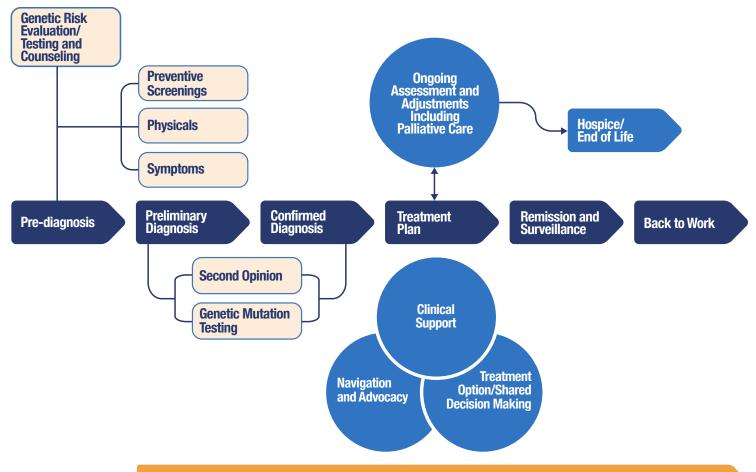
Coordination with EAP. disability insurance

The majority of patient-centered care is offered by three entities:

- Providers, e.g., Cancer Patient-Centered Medical Home (PCMH).
- Health plans (e.g., Specialized Cancer Case Management), or
- Employers and third-party contractors

Care is often not coordinated among these three. "Cancer Huddles" are one way to bring them together to ensure superior patient and family support.

PATIENT-CENTERED CANCER JOURNEY



Need for patient and caregiver psychosocial support, coordination and accommodation across the journey

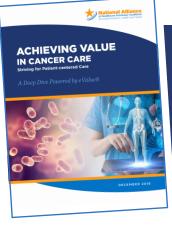
WHAT PURCHASERS CAN DO ABOUT CANCER*

- Provide benefits, navigation, advocacy and support to ensure a Patient-Centered Cancer Journey
- Work with health plans, providers and pharmacy benefit managers to root out waste related to inappropriate or low-value care
- Have your health plan measure inappropriate care and care inconsistent with best practice guidelines (e.g., frequency of colonoscopies, breast cancer screenings, Pap tests)

Only 1 in 5 plans collects 14 health-industrydeveloped core quality measures. For example:

- Proportion with more than one emergency room visit in the last 30 days of life
- Proportion admitted to the ICU in the last 30 days of life
- Proportion not admitted to hospice
- Proportion admitted to hospice for less than 3 days

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For more information, see our detailed report, which includes a comprehensive employer checklist

