



Fertility, Pregnancy and the Pandemic

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What we're hearing from Maven members



I'm feeling anxious about delivering in a hospital with changing policies and risk for Covid-19. *How should I update my birth plan? What are my options?*



I am 26 weeks pregnant, have a 3-year-old, and am nervous to go out to stores or even on walks. *Should I be very concerned?*



I'm struggling with childcare, working full-time, and trying to be an effective manager for my now-remote team. *What are your tips?*



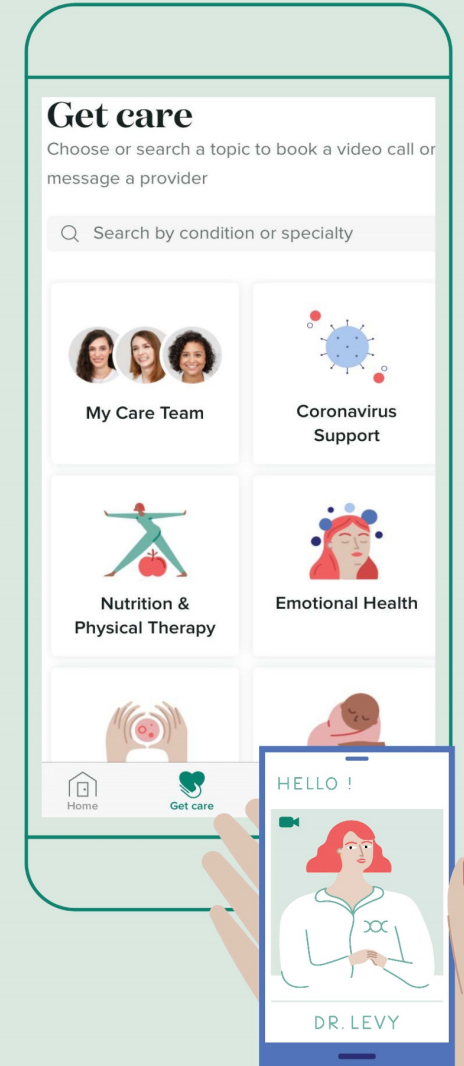
We were planning on starting a family. *Can we continue doing so, during these times? How should we be thinking about how prenatal care might change?*

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FROM OUR VIRTUAL CLINIC



- ✓ **Uptick in telehealth usage:** 24/7, on-demand bookings in virtual clinic
- ✓ **Increase in mental health appointments**
- ✓ **Virtual support in a time of more questions and anxiety:** Turning to tailored community forums, virtual peer groups, and Care Advocates for 1:1 support and reassurance
- ✓ **50K engagements with COVID-19 resources:** Weekly live Q&As with providers; up-to-date FAQs for pregnancy, fertility, infant care, pediatrics



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An update on fertility care.

Fertility care is an essential health service

One of the most important factors in couples facing infertility issues is time. It is imperative that physicians and patients take women's ovarian reserve into consideration during these times.

A decision between the Physician & patient

Delaying urgent gynecological treatment, contraception, or reproductive choice may have negative consequences on women's health, outcomes, and access to care. The decision should be made between physician & patient.

Holistic support is more important than ever

Mental health is just as important as physical health, especially now. For those unable to get to an in-person clinic, there are virtual resources, from consultations to support groups.

