



8th Annual Wellness & Wellbeing Forum

Prevention Strategies for Population Health

Thursday, July 9, 2020

9:00 AM - 12:00 PM EDT

AGENDA

9:00 am Welcome and Introductions

9:10 am **Opening Keynote: Healthy Lifestyles and Prevention as Weapons Against COVID-19**

David Levy, MD, CEO, EHE Health

9:30 am **Reducing Risk for Serious Illness through Disease Management**

Moderator: Dr. Mark Cunningham-Hill, Medical Director, NEBGH

Gen Barron, Senior Manager of Global Wellbeing, Medtronic

Doug Stein, Manager of Payroll & Benefits, Parker LORD

Fernando Correia, MD, Chief Medical Officer and Co-Founder, SWORD Health

10:00 am **Take Cancer Screenings and Vaccines Off "Hold"**

Amanda Dempsey, MD, PhD, MPH, Tenured Professor of Pediatrics, University of Colorado Denver

10:20 am **Fireside Chat: Take Cancer Screenings and Vaccines Off "Hold"**

Moderator: Dr. Mark Cunningham-Hill, Medical Director, NEBGH

Amanda Dempsey, MD, PhD, MPH, Tenured Professor of Pediatrics, University of Colorado Denver

Barbara D. Powe, PhD, FAAN, Medical Science Liaison - Southeast, Exact Sciences-

10:40 am **Wellness Moment: Guided Ergonomic Stretch Break**

Megan Hill, DPT, Clinical Specialist, SWORD Health

10:50 am **Mental Health in a Work-From-Home Environment**

Moderator: Jared Lewis, Senior Manager of Global Benefits, Curtiss-Wright Corp.

Andrea Herron, Head of People, WebMD

Jeffrey Durmer, MD, CMO of Nox Health, Co-Founder of SleepCharge by Nox Health

Beth Pausic, PsyD, Head of Therapy, Ginger

11:30 am **Wellness Moment: Guided Breathing Exercise**

Jeffrey Durmer, MD, CMO of Nox Health, Co-Founder of SleepCharge by Nox Health

12:00 pm Adjourn

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