



About the Quitline

The New York State Smokers' Quitline (NYSSQL) is a service of the New York State Department of Health and based at Roswell Park Comprehensive Cancer Center in Buffalo, N.Y. It is a free and confidential program providing evidence-based services to New York State residents who want to treat tobacco and nicotine dependence.

Our history

The NYSSQL is one of the first and busiest state quitlines in the nation and has responded to nearly 3 million calls since it began operations in 2000. According to an August 2017 report published in the *American Journal of Health Promotion*, the NYSSQL is among the most efficient cessation resources in the country, reaching nearly three times the average number of people as other state quitlines. Today, more than 40 people work for the NYSSQL in Buffalo – the majority of whom serve as Quit Coaches.



Services offered

- Evidence-based coaching in English and Spanish (*other languages upon request*)
- Nicotine replacement therapy (NRT) starter kits
- Healthcare professional patient referral services
- Triage to known health plan programs
- Social media and text messaging services



Visit us online

- Information and tools to quit smoking or vaping and stay healthy
- Best practice resources
- Healthcare professional tools
- Online news room
- Cessation medication and insurance coverage information

If you or someone you know uses nicotine, please give us a call. We are here to help.

Call
1-866-NY-QUITS
(1-866-697-8487)

Visit
nysmokefree.com

Follow
@nysmokefree

Hours of operation
Monday – Thursday: 9 AM to 9 PM | Friday – Sunday: 9 AM to 5 PM