

#### COVID-19 Update Dr Mark Cunningham-Hill Medical Director NEBGH



#### A Presidential Treatment

- REGN-COV2 Monoclonal antibodies
- Dexamethasone
- Remdesivir
- Zinc
- Vitamin D
- Famotidine
- Melatonin
- Aspirin





### REGN-COV2 – Monoclonal antibodies

- Combination of two monoclonal antibodies (REGN10933 and REGN10987) designed specifically to block infectivity of SARS-CoV-2
- Studies still in progress and not available outside of these studies
- Take antibody-producing B-cells from individuals who have already been infected – cloned 2 of the antibody sequences from individual B cells
- Gives a significant head start to a persons own immune response





#### Dexamethazone

- An anti-inflammatory drug
- Works by dampening down the body's immune system
- Coronavirus infection triggers inflammation as the body tries to fight it off.
- But sometimes the immune system goes into overdrive and it's this reaction that can prove fatal
- Should only be given to people who are seriously ill

For every 100 patients on a ventilator for 28 days

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28 will die even with new drug

60 patients already likely to recover

12 patients survive due to new drug



### Remdesivir

- Works by attacking an enzyme that the virus needs in order to replicate inside our cells
- Previously tested for Ebola
- The FDA EUA on Aug. 28, allowing it to be used on all hospitalized patients
- Remdesivir cut the duration of symptoms from 15 days down to 11 in clinical trial at hospitals around the world

#### Zinc

- There is very limited information about the safety and effectiveness of using zinc for treating patients with COVID-19<sup>1</sup>
- Trials with zinc and treatment of colds mixed results

#### Trials on zinc and COVID ongoing



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## Vitamin D

- There is evidence that vitamin D may enhance immune functions in human cells and reduce the spread of some viruses in the laboratory setting
- Only limited evidence that it helps with COVID-19<sup>1</sup>
- If Vit D deficient then needs to be treated – may increase risk





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## Famotidine

- Theoretical:
  - Famotidine may lessen the hyperimmune inflammatory response by blocking the effects of pathological histamine release from mast cells by binding to the histamine H2 receptor
- Patients taking famotidine were
  - 45% less likely to die in the hospital and less likely to have combined adverse outcomes leading to death
  - 48% less likely to need a ventilator





### Melatonin

- Melatonin
  - Interacts with numerous cellular proteins such as signaling molecules, transporters, channels, and enzymes
  - Multiple biological impacts, including apoptosis induction and immunomodulation
  - Ability of restricting viral infections
  - May play a crucial role in the SARS-CoV-2 virus in bats
    - Melatonin production level in humans is significantly lower than in bats, particularly in the elderly
  - May help macrophages work



### Aspirin

- Aspirin has the triple effects of inhibiting virus replication, anticoagulant and anti-inflammatory
- Hypothesis is:
  - The early use of aspirin in covid-19 patients is expected to reduce the incidence of severe and critical patients, shorten the length of hospital duration and reduce the incidence of cardiovascular complications
  - Studies in progress



#### Weekly Dive into the Data





#### Daily new confirmed COVID-19 cases per million people

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Shown is the rolling 7-day average. The number of confirmed cases is lower than the number of actual cases; the main reason for that is limited testing.



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#### Daily new confirmed COVID-19 deaths per million people



Shown is the rolling 7-day average. Limited testing and challenges in the attribution of the cause of death means that the number of confirmed deaths may not be an accurate count of the true number of deaths from COVID-19.





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#### New confirmed cases of Covid-19 in South Dakota, Montana, Wisconsin, Utah, North Dakota and Idaho

Seven-day rolling average of new cases (per million), by number of days since 0.1 average daily cases (per million) first recorded



Number of days since 0.1 average daily cases (per million) first recorded

#### New confirmed cases of Covid-19 in Pennsylvania, Connecticut, New York, New Jersey, New Hampshire and Massachusetts

Seven-day rolling average of new cases (per million), by number of days since 0.1 average daily cases (per million) first recorded



Number of days since 0.1 average daily cases (per million) first recorded



"I can't remember—do I work at home or do I live at work?"





# Questions

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