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COVID-19 Update

Dr Mark Cunningham-Hill

Medical Director NEBGH

Monday, November 21st, 2022



Up-Dated Booster Vaccines

- In September, a KFF survey found A Third Of Adults Say They Have Either Gotten The Updated COVID-19 Booster Or Are Planning To "As Soon As Possible"
- However, to date uptake has been slow and to date only have had the updated booster:
 - 11.3% of the population \geq 5 Years of Age
 - 12.3% of the population \ge 12 Years of Age
 - 13.1% of the population \ge 18 Years of Age
 - 29.6% of the population \ge 65 Years of Age

Figure 3

A Third Of Adults Say They Have Either Gotten The Updated COVID-19 Booster Or Are Planning To "As Soon As Possible"

Have you received a dose of the new, updated COVID-19 booster that has been available since early September, or not? If not, as you may know, the CDC currently recommends that all adults who have received a COVID-19 vaccine get a dose of the new, updated COVID-19 booster after a certain amount of time has passed since their initial vaccination or last booster dose. Do you think you will...?

Got updated booster As soon as possible Wait and see Only if required Definitely not get updated booster Not eligible for updated booster (unvaccinated or partially vaccinated)





The Reasons Why People are not Getting the Updated Booster

- Confusion:
 - 40% not sure if they are eligible
- Rejections:
 - 22% would not get the vaccine unless they had to and 27% unlikely to as not eligible because they haven't had the primary course
- Concern over side-effects
 - Minor side-effects post injection but may make some people feel unwell for a day or two
 - Rare but more serious side-effects e.g., myocarditis
- Beliefs:
 - "COVID is now mild a disease"
 - "I have been vaccinated and had COVID, so I am immune"
 - "The pandemic is over"
- Mixed Messaging:
 - Divergence of 'expert' views
 - Breakthrough infections vs. protection
 - Confusing studies that show range of benefits from little to great

What we Know and Don't Know About the Updated Boosters

Improved Neutralization of Omicron BA.4/5, BA.4.6, BA.2.75.2, BQ.1.1, and XBB.1 with Bivalent BA.4/5 Vaccine

Jing Zou^{1,#}, Chaitanya Kurhade^{1,#}, Sohil Patel³, Nicholas Kitchin³, Kristin Tompkins², Mark Cutler⁴, David Cooper², Qi Yang², Hui Cai², Alexander Muik⁴, Ying Zhang², Dung-Yang Lee², Ugur Sahin⁴, Annaliesa S. Anderson², William C. Gruber², Xuping Xie¹*, Kena A. Swanson²*, PeiliYong Shi^{1,*}



cases in the US)

https://www.biorxiv.org/content/10.1101/2022.11.17.516898v1

What we know:

- Effective against BQ.1 and BA.1.1
- Also work against BA.4 and BA.5 but study indicates similar to effectiveness of previous boosters
- Breakthrough infections are occurring, but people protected from serious illness
- Side-effect profile similar to existing boosters (good safety profile)

What we don't know:

- Updated boosters may broaden immune response but not yet proven
- Duration of protection
- Impact on Long-COVID



Mixed Messaging for Experts

- Experts generally agree that new updated boosters recommended for 65+ and those at higher risk
- Some differing views on need for boosters for healthy younger adults depends on how they look at risk vs. benefit.
 - One view risk of serious illness is low in healthy young adults vs. risks from side-effects (mostly local/short lived, rare more serious side-effects) suggest only vaccinated those at risk\
 - Other view
 - boosters add additional protection(self and community), may offer some protection against long-COVID, some decrease in transmission risk – helping those around a person vs very safe vaccines
 - All other controls dropped by society
 - So best to be vaccinated and boosted



Overall, study estimate that patients with COVID-19 have a 42% increased risk of developing a neurological sequela in the year after infection, translating to a burden of 7% of infected people



https://www.nature.com/arti









Antigenic Imprinting (aka: 'original antigenic sin')

- Antigenic imprinting is the propensity of the immune system to preferentially use immunological memory based on a previous infection when a second slightly different version of that foreign pathogen (e.g., a virus or bacterium) is encountered.
- This leaves the immune system "trapped" by the first response it has made to each antigen, and unable to mount potentially more effective responses during subsequent infections. Antibodies or T-cells induced during infections with the first variant of the pathogen are subject to repertoire freeze, a form of original antigenic sin.



Antigenic Imprinting

- Concern single-component vaccine could trap the immune system in just producing a response against this single-component. If the virus/bacteria changed vaccination could conceivably make an infection even worse than if no vaccination at all had occurred because the body wouldn't be able to mount an effective response against this new variant
- Antigenic imprinting can be a challenge when infectious agents change or have multiple 'strains':
 - Dengue Fever vaccinated against one strain but when infected with another strain of Dengue cytotoxic T cells (CTL) during a second infection by a different strain of dengue virus, the CTLs prefer to release cytokines instead of causing cell lysis. As a result, the production of these cytokines is thought to increase vascular permeability and exacerbate damage to endothelial cells, resulting in dengue hemorrhagic fever
 - HIV vaccine against one variant of HIV may not protect against another variant
- Antigenic Imprinting is not consistent and varies also with each infectious agent vaccine, geographic location, and age
- Antigenic imprinting can be favorable, neutral, or negative



So, what does this mean for SARS-CoV2 infections and vaccines?

- The impact if any is not fully known and complicated by the fact there may also be immunogenic imprinting from infections with multiple variants
- Studies^{1,2} suggested that the breadth of the immune response was greater from vaccination versus infections
- The 'immune experience is different based on infections, with which variant and vaccination status/type and the order in which infections or vaccinations occured



Sources: Prof Rosemary Boyton, Imperial College London; FT research

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Covid-19 vaccines

1. https://www.cell.com/trends/immunology/fulltext/S1471-4906%2822%2900048-5

2. <u>https://www.cell.com/cell/fulltext/S0092-8674(22)00076-</u> 9?_returnURL=https%3A%2F%2Flinkinghub.elsevier.com%2Fretrieve%2Fpii%2FS0092867422000769%3Fshowall%3Dtrue



Tracking and understanding immune imprinting of individuals and populations is thus important to counter new variants and inform next generation vaccine design

Sources: Prof Rosemary Boyton, Imperial College London; FT research

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Avoiding/Minimizing Immunogenic Imprinting

- Developed vaccines that result in immune response against multiple parts of the virus or against all β coronoviruses
- Extending the interval between jabs could help reduce the impact of immune imprinting
- Developing intra-nasal vaccines may also help by stopping infections at point

of entry









The Rise of BQ.1 and BQ 1.1

- BQ.1 and BQ.1.1 are the dominant 2 variants in the US
- BQ.1 and BQ.1.1 show extreme levels of immune invasion
- So what does this all mean for our potential winter wave?





A BQ or XBB future

- Several European countries had a small wave with BQ.1.1, Singapore had a significant wave of XBB but with little impact on serious disease.
- To date, BQ.1.1 has not been able to induce a new wave in 2 countries, a very positive sign ... even with fewer and fewer controls such as masking and avoidance of indoor spaces
- This is the first time in the pandemic that a variant with clearcut, marked immune evasion has not induced a major new wave.
 - Examples of prior variants with increases in immune escape properties include Beta, Gamma, Omicron BA.1, BA.2, and BA.5. Each of these led to major waves globally or in specific continents (Beta in South Africa, Gamma in South America).
- A population-level immunity wall has been built up over 3 years, with all the infections and vaccinations



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Questions

Upcoming NEBGH virtual events:

- Dec. 1 Getting the Bang out of Your Navigation Buck
 Dec. 5 Monday Bi-Weekly COVID-19 Update w/ Dr. Mark
 Dec. 6 28th Annual Tribute to Leadership
- Dec. 8 The State of Women's Mental Health