



Find Quality Treatment for Substance Misuse

***Wednesday, March 29, 2023
12:00 - 12:45PM***

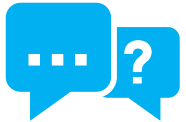
ATLAS ADDICTION TREATMENT LOCATOR,
ASSESSMENT, AND STANDARDS PLATFORM
CREATED BY SHATTERPROOF



Webinar Procedures



All lines will be muted





Please submit all questions using the “Q&A” dialog box



Email Diane Engel at dengel@nebgh.org with any issues during this webinar



The recording and a PDF of the slides will be shared



Speakers



BK McDonough

Director of State Engagement
ATLAS



Heather Lober

Vice President of State Engagement
ATLAS



Shannon Biello

Vice President of Treatment Quality &
Strategy
ATLAS

Find Quality Treatment for Substance Use Disorder

Shatterproof Treatment Atlas



Substance Use Disorder

BK McDonough

Substance Use Disorder (Addiction)

- Addiction is a preventable, treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual's life experiences.
- Prevention and treatment approaches for addiction are generally as successful as those for other chronic diseases.
- For those in stable recovery, the risk of a future recurrence in any year drops below 15%, which is about the same annual risk for a substance use disorder in the general population.



ASAM, 2019
NIDA, 2018
CDC, 2018



Levels of Care

ASAM Continuum of Care (Adult)*

- Level 1 – **Outpatient** (1) – Less than 9 hours/week for adults;
 - Level 2 – **Intensive Outpatient** (2.1, > 9 less than 20 hours/wk adults) and **Partial Hospitalization Program** (PHP 2.5, > 20 hours/wk adults)
 - Level 3 – **Residential** (3.1, 3.3, 3.5. 3.7) and **Inpatient** (3.7)
 - Level 4 – **Intensive Inpatient** (4)
-
- *Medication-Assisted Treatment (MAT) can be offered across levels of care





Addiction Is a Family Disease

- Stigma
- Education
- Support
- Resources
- Recovery



Treatment Atlas from Shatterproof Heather Lober

Our Vision: Our end destination

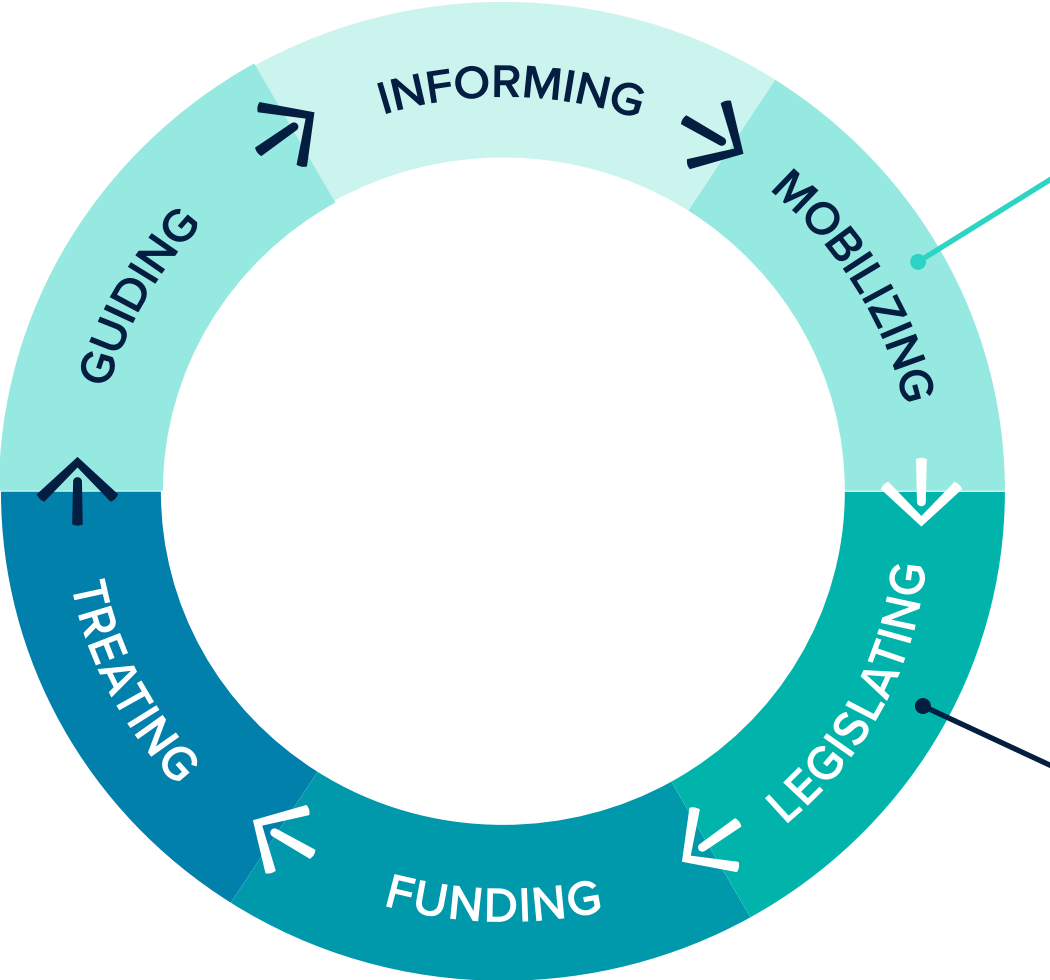
Our vision is for no one to suffer or die from substance use disorder, a disease that is both preventable and treatable

Our Mission: How we will get there

Our mission is to provide trusted guidance through the complexities of substance use disorder and to remove the systemic, healthcare, and social barriers to a strong recovery.



What is Shatterproof?



We guide society, especially families, through the complexities of addiction.

We inform the public on prevention, treatment, and recovery from addiction.

We mobilize the public to eradicate the stigma of addiction and ensure that everyone can have a strong recovery.

We work with system actors to shape policy, funding, and treatment of addiction.

We empower them with tools and metrics to be more effective in helping people overcome addiction and achieve full recovery.

Standardize Quality Expectations – Shatterproof National Principles of Care[©]



#1. Routine screenings in every medical setting



#5. Coordinated care for every illness



#2. A personal plan for every patient



#6. Behavioral health care from legitimate providers



#3. Fast access to treatment



#7. Medication for addiction treatment



#4. Long-term disease management



#8. Recovery support services beyond medical care

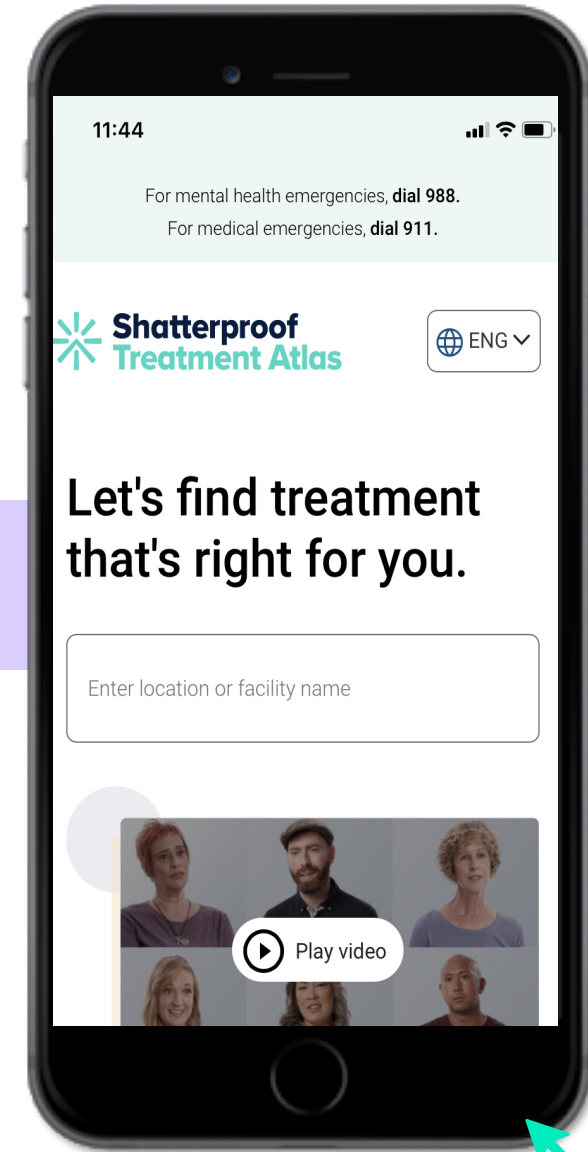
Finding Addiction Treatment

1. Misinformation
2. Limited objective or unbiased information
3. Unclear what to look for
4. Predatory marketing practices
5. Hijacking ad words
6. Patient Brokering



A One-of-a-Kind Resource

- Consumer-friendly needs assessment
- Transparent indicators of treatment quality
- Not funded by providers or “pay to play”
- Comprehensive list of facilities
- Educational content
- Professional Portal
- Free and not for profit



Using Shatterproof Treatment Atlas

- **Assessment** – find the best level of care for the member's symptoms and situation (**ASAM** collaboration), whether initial care or step-down level of care
- Providing science-based recommendations to individuals and families on:
 - the most appropriate level of care option (e.g., outpatient instead of residential)
 - specific services to seek (e.g., MAT, mental health care, withdrawal management)
 - science-based treatment providers



Using Shatterproof Treatment Atlas (con't)

- Find care that is in-network and high-quality
- Avoid out-of-network care, unnecessary cost and unknown quality data
- Patient Experience Survey (PES) allows members or family member to leave reviews and help guide others to treatment (over 70% of people count on review to make health care decisions)
- Important to find that best match between symptomatology, circumstances, resources, strengths (e.g., concerns about work or childcare)

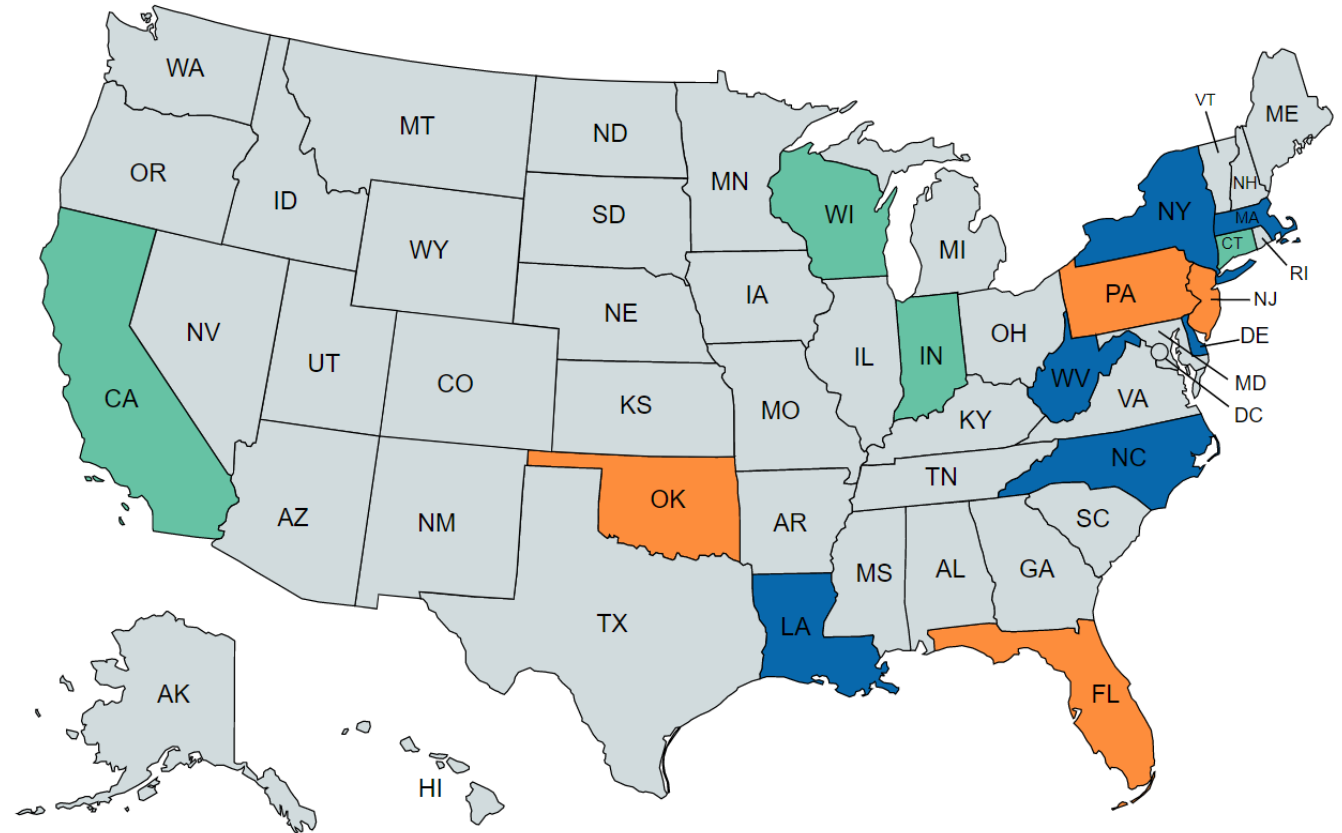


National Expansion

6 States (2020) = 13% of US Population

10 states (2022) = 28% of US Population

14 States (2023) = 45% of US Population



With conversations underway in several additional state.



Treatment Atlas Demo Shannon Biello

Questions?



Shannon Biello

Vice President, Treatment Quality & Initiatives

sbiello@shatterproof.org



Heather Lober

Vice President, State Engagement

hlober@shatterproof.org



BK McDonough

Director of State Engagement

bmcdonough@shatterproof.org





Thank you.



Addendum

ASAM Dimensions for Determining Level of Care

- Dimension 1 – Acute Intoxication and/or Withdrawal Potential
- Dimension 2 – Biomedical Conditions and Complications
- Dimension 3 – Emotional, Behavioral or Cognitive Conditions and Complications
- Dimension 4 – Readiness to Change
- Dimension 5 – Relapse, Continued Use or Continued Problem Potential
- Dimension 6 – Recovering/Living Environment



Follow NEBGH:



Upcoming NEBGH events:

- **April 3** – Monday with Dr. Mark and Dr. Michael
- **May 3** – Up and Comers with Laura Young
- **June 15** – 12th Annual Health & Wellness Benefits Conference