## ... one medical business

# A primary care benefit with proven benefits

One Medical is a national primary care practice focused on providing exceptional care that fits into real life. We combine human-centered design, smart use of technology, salaried providers, and 24/7 access to care in a membership-based model. By making it easier and more enjoyable to get care, we help organizations keep their teams happier and healthier and lower healthcare costs.

### One benefit for physical, mental, and virtual care



#### Fast access to in-person care

Same/next-day appointments that start on time and aren't rushed, caring providers, 90+ convenient locations in 13 markets, drop-in lab services



### 24/7 on-demand virtual care

On-demand Video Chat and messaging with salaried providers — available claim-free with our app from anywhere - as well as easy online prescription and renewal requests



#### Remote Visits

Scheduled primary care visits with an employees' chosen provider, done over video for a wide array of physical and mental health issues



#### Specialty care coordination

Referrals to in-network providers at leading health systems with easy access to specialists and digital record sharing for better longitudinal care



#### Integrated behavioral health

Mindset by One Medical integrates evidence-based behavioral health solutions, including 1:1 coaching and therapy as well as group visits, within primary care to address whole-person health



#### Comprehensive COVID-19 return-to-work program

Our Healthy Together program, developed by our clinical and public health experts, includes in-app screening, an array of testing solutions (in-office, drive-through, on-site, and home kits), and clinical guidance





We work with 7,000+ organizations of all shapes and sizes

Google







# Keep your team and your CFO happy

Happier, healthier teams

**90** NPS<sup>1</sup> 90<sup>th</sup>

percentile in HEDIS quality scores<sup>2</sup>

43%

reduction in anxiety levels<sup>3</sup>

Better access, better experience

51%

of visits booked same day<sup>4</sup>

 $2_{min}$ 

average lobby wait time<sup>5</sup> 76%

of employees say One Medical improved their opinion of their employer<sup>6</sup>

Lower costs

8%+

savings in total cost of care<sup>7</sup>

41%

fewer ER visits<sup>8</sup>

97% generic Rx powered by our algorithms<sup>9</sup>

## "Benefits like One Medical are no longer a nice to have. It gives companies a competitive edge to attract and retain their employees."

Evangeline Mendiola, Head of Global Benefits, Zendesk

1. Experience and Engagement data from One Medical 2017-2018, 15 largest clients. 2. Quality and Value scores compared with 423 practices from a health plan's Primary Care Medical Home (PCMH) program. 3. One Medical internal data primary research, reduction of median GAD-7 scores for members who participated in Wellness Series. 4. Experience and Engagement data from One Medical 2017-2018, 15 largest clients. 5. 2018 One Medical Service & Operations Report. 6. Experience and Engagement Member Survey from One Medical 2019. 7. Case study - Client: Professional Service Company. Customer since 2015; currently covering 23k lives across all One Medical markets. 8. CareFirst PCMH Ranking of Overall Performance Report, 2018. 9. Internal data. For common conditions

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