

The Best Care, No Matter Where You Are

Spring Health helps leading organizations *evolve their workplace culture* with better mental health care for all.



SpringLife

For Individuals + Families

- Dynamic Assessment & Personalized Care
- In-Country Care Navigation
- Self Guided Digital Exercises
- Coaching, Therapy, Med. Management
- 24/7 Crisis Support
- Work/Life Support
- Community Care Support
- Connected Benefits
- Specialty Care (*SUD, Trauma, Eating Disorders, Mood Disorders*)

SpringWorks

For Managers + People Leaders

- Atlas: HR Leader Portal & Analytics Suites
- Member Engagement Programs
- Manager Experience
- Mental Health Learning & Development
- Critical Incident Support + Rapid Response
- Leave & Accommodation Support
- General Management Consultations
- Formal & Mandatory Referrals
- Workplace Care Team



<1

Day or less, on average,
to appointment

200

Countries*, same
exceptional experience

1

Partner for all care, on
the same platform

92%

Of members
clinically improve¹

Why Choose Spring Health?

We aren't just another vendor and that's by design. Spring Health stands apart in 4 key areas:

1 Advanced, Integrated Technology

- Tech platforms for every stakeholder, integrated
- Every member interaction is measured, improving care
- Continuous improvement to existing services & [relentless future innovation](#)

2 Flexible Solutions, Complete Transparency

- Tailored marketing & flexible solutioning for the unique needs of your organization
- Real-time reporting & insights including SDoH prevalence, critical incident & LOA hotspots, and financial transparency

3 Global Excellence Built from the Ground Up

- Globally consistent experience, focused on local language relevance in 200+ countries
- 100% of appointments stay on our platform—even for complex, specialty conditions
- 100% of appointments directly scheduled in-platform with Spring's providers or certified specialty care partners

4 Industry-Leading Outcomes & ROI

- Best-in-class outcomes validated by JAMA Network Open, Validation Institute, and more
- CARF Accredited for clinical quality & crisis intervention across 300 excellence standards
- Guaranteed savings that grows year-over-year; up to **at least 2x***

Ready to see how Spring Health can transform your culture?

springhealth.com

