

An Investment So Reliable, It's Guaranteed

Protecting your investment with a net ROI guarantee that lives up to our promises.

People take better care of their physical health when they're mentally well. This leads to healthier habits, better performance at work, and savings on not only mental healthcare, but the most costly healthcare—co-occurring physical conditions.

Fast Access to Quality Behavioral Health Care

- ✓ Anxiety
- ✓ Depression
- ✓ Trauma & PTSD
- ✓ Substance Use
- ✓ Eating Disorders
- ✓ And many more

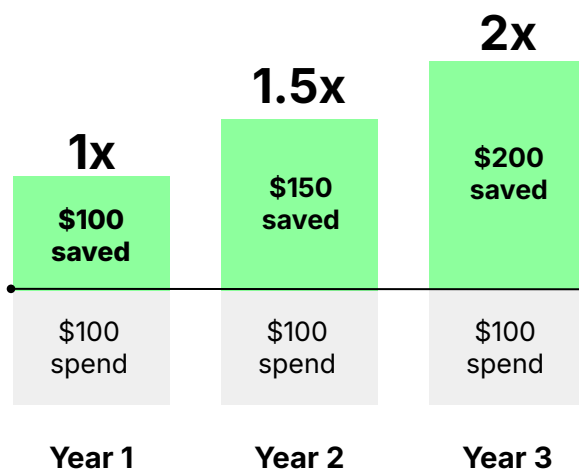
Sticking to Healthy Habits & Medical Treatments

- ✓ Increase adherence to other medical treatments
- ✓ Higher resiliency
- ✓ Healthier eating habits
- ✓ Increased physical activity
- ✓ Increased social interaction
- ✓ Decreased substance use

Savings on Co-Occurring Physical Health Conditions

- ✓ Hypertension
- ✓ Pregnancy & Postpartum
- ✓ Cancer
- ✓ Diabetes
- ✓ Chronic Pain
- ✓ Asthma

Spring Health's ROI Performance Guarantee Ensures Your Savings Grows Year-Over-Year



Guaranteed savings per \$100 invested

Spring Health is the only mental health solution that guarantees growing, measurable ROI every year by reducing reliance on costly medical care—like ER visits and chronic conditions—while improving productivity and long-term financial impact.

In the largest and longest study in mental health, the Validation Institute found that when employees get the right mental health care, medical costs drop—not just in Year 1, but year after year. Employers see compounding health plan savings as people get better and stay better.

Our ROI performance guarantee ensures cost neutrality in Year 1, 1.5x ROI in Year 2, and 2x in Year 3—or we'll pay you back.*

*Available to active, U.S. customers and contingent on compliance with contractual obligations. Principles apply globally.

Put your trust in Spring Health. Appointments in 1 day or less.

Learn how Spring Health delivers value to organizations like yours.