

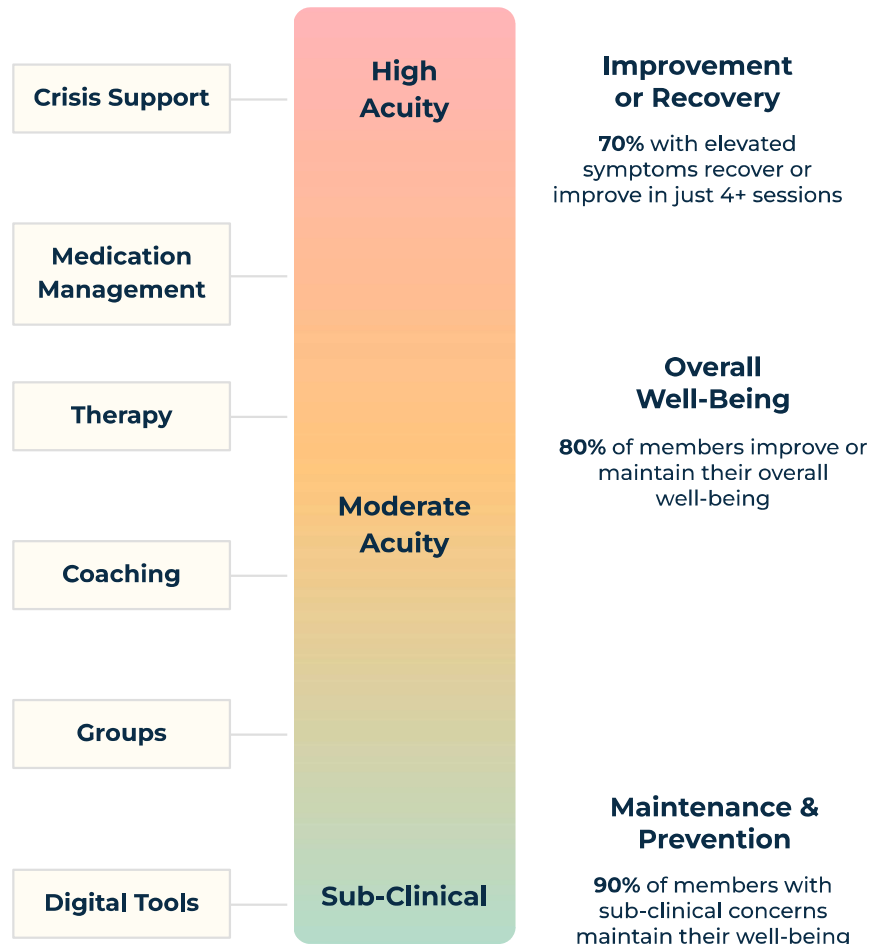
The Global Standard in Mental Health

Modern Health provides evidence-based, equitable mental health care worldwide — ranging from crisis support to self-guided tools — so every member gets the right care, wherever they are.




Supporting the full spectrum of mental health needs

Modern Health delivers adaptive, outcomes-driven care that adapts to each member's needs, whether they seek preventive resources or immediate crisis support.




Why Modern Health?

 **Faster Access:** First available session in <1 day, worldwide

 **High Engagement:** 20% average engagement across all clients

 **Clinically proven:** 80% of engaged members improve or maintain well-being

 **Stronger Retention:** Employees engaged with Modern Health have 5.5% higher retention rates

 **Provider Quality:** 4.9/5 average provider rating, globally

Comprehensive Mental Health Services at a Glance

	Key Offerings	Impact
Entry to Care	<ul style="list-style-type: none"> - Clinically validated assessments and AI-driven recommendations - Personalized guidance & 24/7 helpline - Self-serve navigation tools 	<p>Seamless access to support, anytime, anywhere</p> <ul style="list-style-type: none"> - <1 day to first available appointment, globally - Adaptive care that evolves with member needs
Crisis Response	<ul style="list-style-type: none"> - 24/7 crisis support line - Onsite critical incident support - Private Circles - Proactive follow-ups 	<p>Rapid, tailored crisis support for individuals and organizations</p> <ul style="list-style-type: none"> - Expedited intervention for at-risk members - Comprehensive plans to navigate organizational crises and provide support
One-on-One Care	<ul style="list-style-type: none"> - Clinical therapy (virtual & in-person) - Global coaching network - Psychiatry & medication management - Unlimited chat access with providers 	<p>Trusted care, measurable results</p> <ul style="list-style-type: none"> - 90% of members feel confident in their provider - 70% of members with elevated symptoms improve in 4+ sessions
Digital and Self-Guided Resources	<ul style="list-style-type: none"> - Self-guided programs - Modern Health Circles™ - Extensive resource library - Pathways 	<p>Flexible, accessible care</p> <ul style="list-style-type: none"> - 25% of members prefer self-guided digital care - 50% of employees start with Circles; 64% engage further
Global Reach	<ul style="list-style-type: none"> - Providers in 200+ countries & territories - 80+ supported languages - 27 mobile app languages - Culturally tailored end-to-end 	<p>Equitable, high-quality care worldwide</p> <ul style="list-style-type: none"> - 4.9/5 star average provider rating, globally - Members engagement up to 15x higher than standard mental health apps
Custom Support for Organizations	<ul style="list-style-type: none"> - Modern Health Central resource hub - Real-time utilization reports & insights - Dedicated Client Success Team & consulting - Seamless health plan integration 	<p>On-demand insights & robust organizational well-being support</p> <ul style="list-style-type: none"> - 93% GDR & Customer NPS: 53

