NORTHEAST
BUSINESS GROUP ON HEALTH

HP2030 HEALTHY PEOPLE 2030 CHAMPION



MONDAYS WITH DR MARK & DR MICHAEL

Monday, November 16, 2026 | 1:00 – 2:00PM

TOPIC #69

Changing the Odds - Lung Cancer, New Advances, and the Employer Experience

color

Memorial Sloan Kettering Cancer Center | MSK Direct

Speakers:



Chris Miller
Vice President, Total Rewards
Michael Baker International



Dr. Alexis Chidi
Thoracic Surgeon, Co-Director, Lung Cancer Screening Program
Memorial Sloan Kettering Cancer Center

MONDAYS WITH DR MARK & DR MICHAEL

NORTHEAST BUSINESS GROUP ON HEALTH | color | Memorial Sloan Kettering Cancer Center | MSK Direct

MSK Direct – expanding access to specialized expertise, care and support

Navigation to Clinical Care

Connection to world-class care at MSK, or guidance to local cancer centers with the best outcomes

Expert Medical Opinions

Second opinions from world-renowned, subspecialized cancer experts



Screening & Prevention Resources

Cancer screening, and tools and resources to proactively manage cancer risk

Comprehensive Support

Connection to multidisciplinary support and education

msk.org/mskdirect | 844.557.5507

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State of Lung Cancer in 2026

Alexis Chidi, MD, PhD, MSPH

Thoracic Surgeon, Co-Director - Lung Cancer Screening Program

Memorial Sloan Kettering Cancer Center

Assistant Professor, Weill Cornell Medical College

November 16, 2026

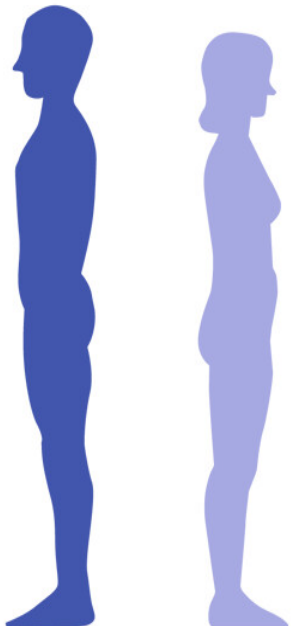


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Lung cancer – most common cause of cancer death

Estimated Deaths

Male		
Lung & bronchus	64,190	20%
Prostate	35,770	11%
Colon & rectum	28,900	9%
Pancreas	27,050	8%
Liver & intrahepatic bile duct	19,250	6%
Leukemia	13,500	4%
Esophagus	12,940	4%
Urinary bladder	12,640	4%
Non-Hodgkin lymphoma	11,060	3%
Brain & other nervous system	10,170	3%
All sites	**323,900**	



Female		
Lung & bronchus	60,540	21%
Breast	42,170	14%
Pancreas	24,930	8%
Colon & rectum	24,000	8%
Uterine corpus	13,860	5%
Ovary	12,730	4%
Liver & intrahepatic bile duct	10,840	4%
Leukemia	10,040	3%
Non-Hodgkin lymphoma	8,330	3%
Brain & other nervous system	8,160	3%
All sites	**294,220**	

CA A Cancer J Clinicians, Volume: 75, Issue: 1, Pages: 10-45, First published: 16 January 2025, DOI: (10.3322/caac.21871)

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The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812 AUGUST 4, 2011 VOL. 365 NO. 5

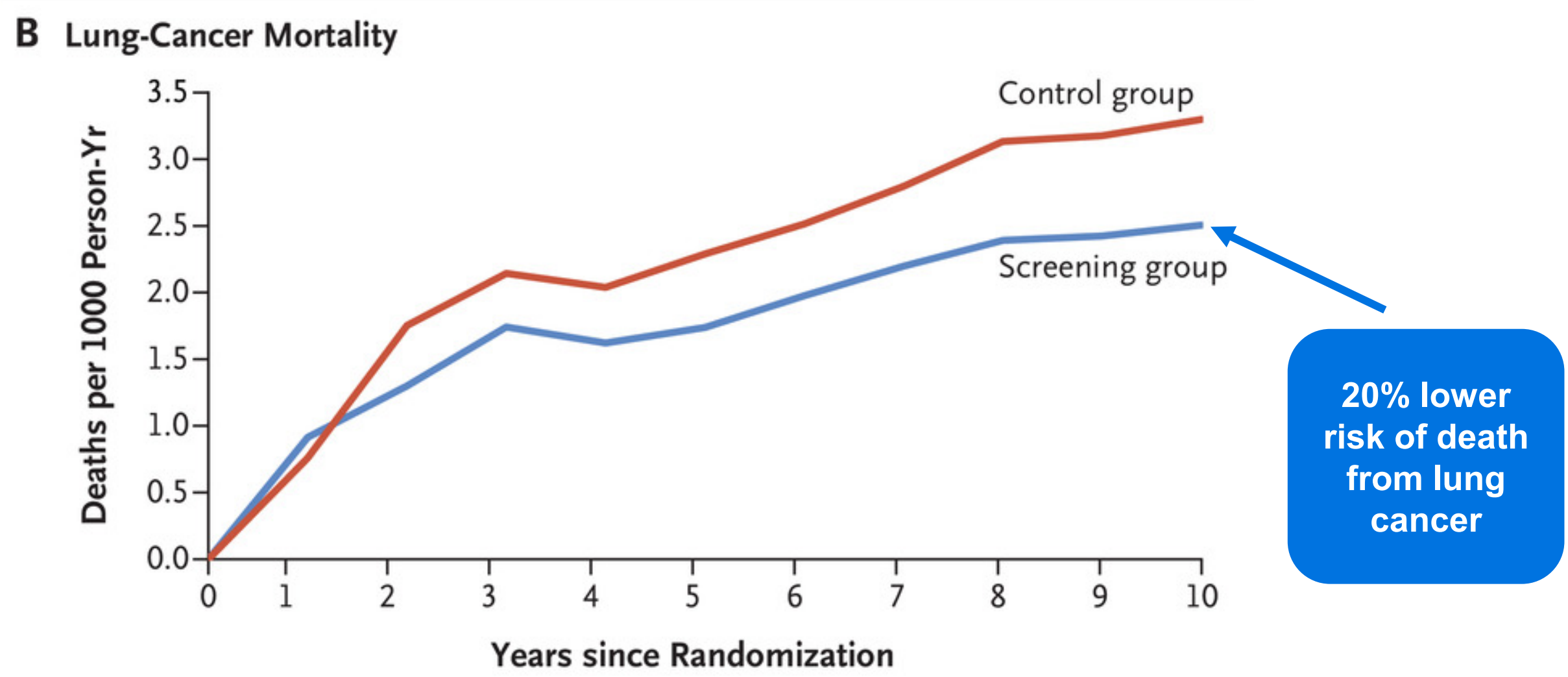
Reduced Lung-Cancer Mortality with Low-Dose Computed Tomographic Screening

The National Lung Screening Trial Research Team*

NLST 2011 NEJM

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Benefits of lung cancer screening

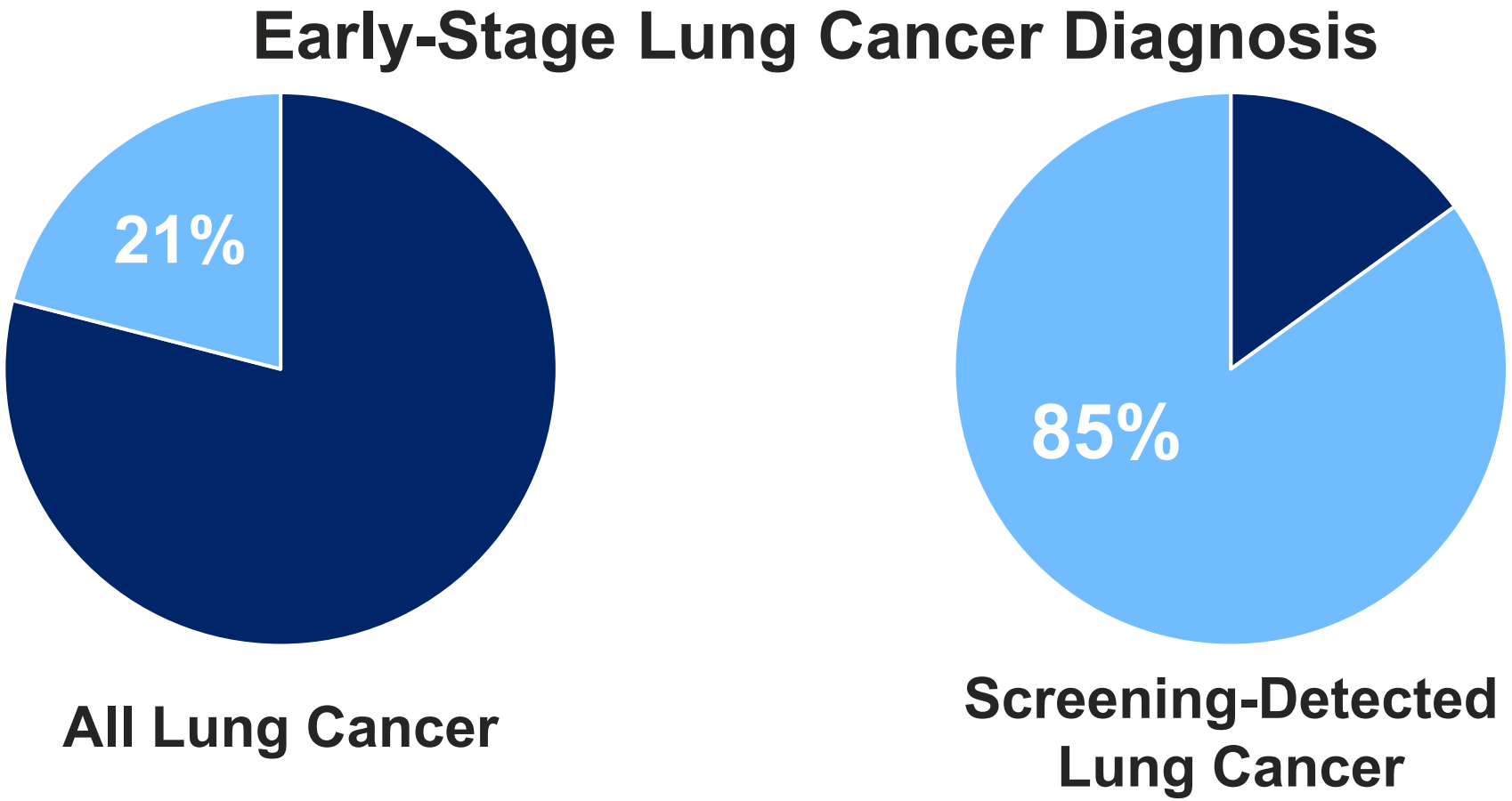


20% lower risk of death from lung cancer

NLST 2011 NEJM; Koning 2021 NEJM

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Why screening works



Early-stage lung cancer can be cured after treatment with surgery or radiation

Henschke 2024 Radiology | Gierada 2020 Chest

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Lung Cancer Screening

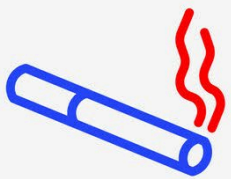
You may be eligible if you meet the following criteria:

American Cancer Society®



People age 50 to 80 years old

+



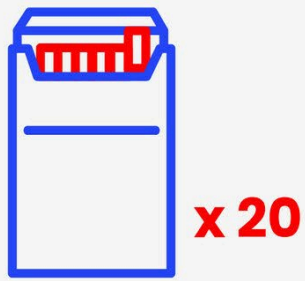
Currently smoke

or



Used to smoke

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Have a 20 or more pack-year history.

*A pack-year is equal to smoking 1 pack or about 20 cigarettes per day for a year.

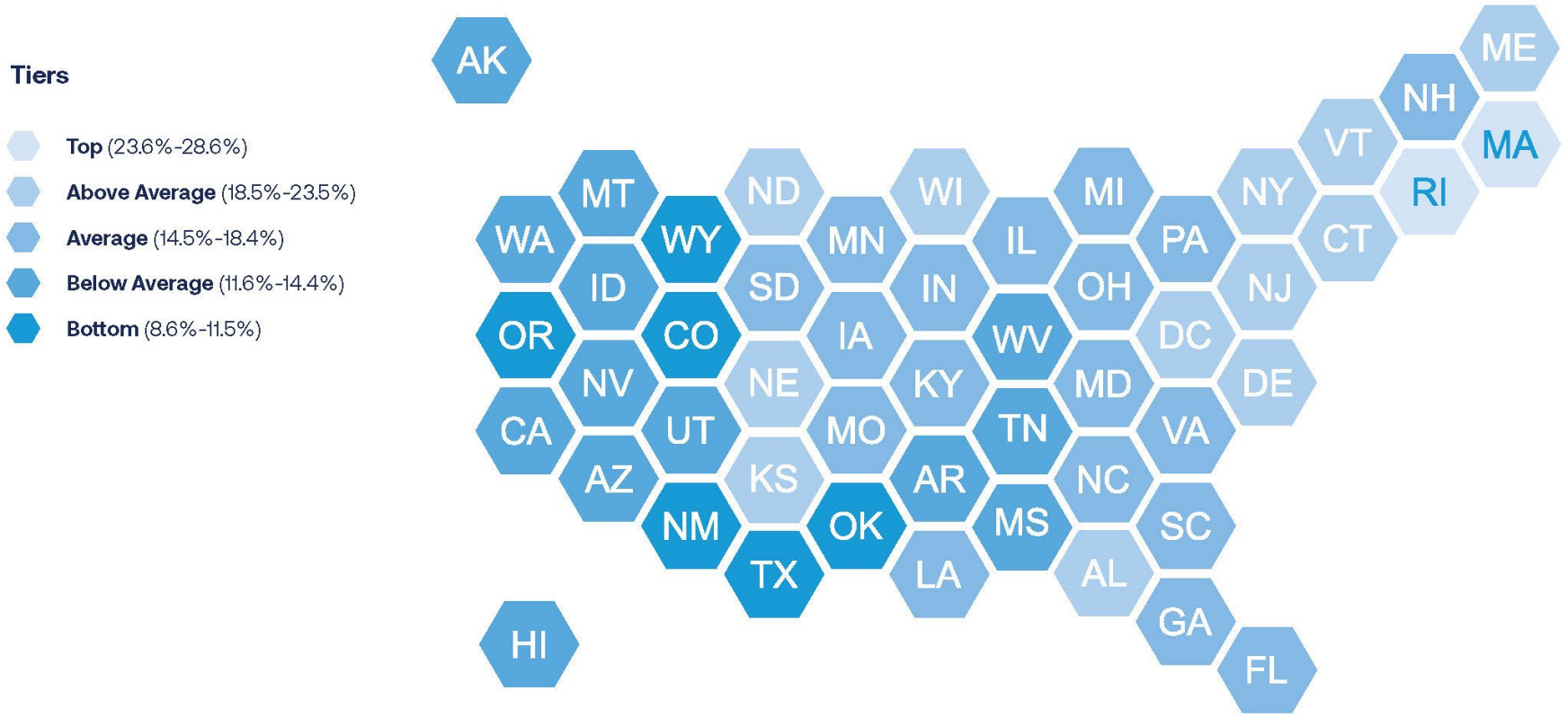
Talk to a doctor to determine if screening is right for you. Visit cancer.org/get-screened to learn more.

American Cancer Society 2023

Lung cancer screening is poorly utilized and inequitable

American Lung Association. | State of Lung Cancer 2024

Screening



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American Lung Association 2024

Barriers to lung cancer screening



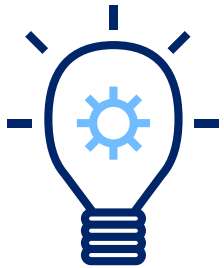
Provider awareness of new & changing guidelines, identification of eligible patients

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Patient factors including stigma, fear of lung cancer, logistical challenges

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Challenge: Improve community outreach & uptake of lung cancer screening at MSK & throughout the US

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Lung Cancer Early Detection in Action at MSK

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Lung Screening Could Be a Breath of Fresh Air

Lung screening at MSK is quick, easy, and can save your life. Talk with an MSK provider, get a chest CT (CAT) scan, and get your results as soon as the next day.

You don't have to be an MSK patient to schedule a screening.

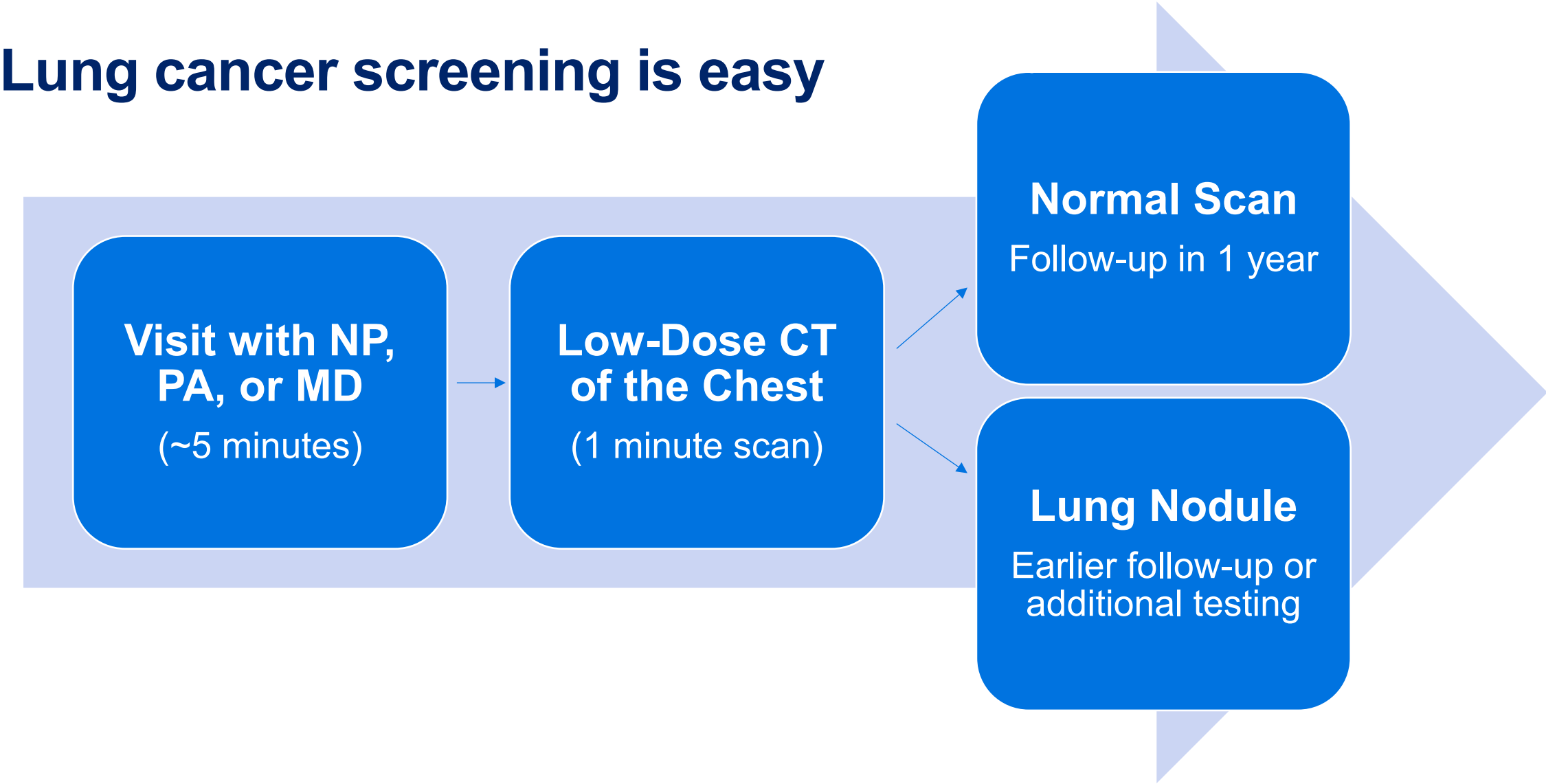
If you or a loved one are 50 to 80 years old and currently smoke or used to smoke, call **347-771-8206** or ask our team for more information.



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Learn more: Point your smartphone camera at this QR code. Then, tap the link. You can also go to **MSK.org/lungscreening**.

Lung cancer screening is easy



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Screening at MSK

- Appointments available in person at **any MSK location** or via **telehealth**
- Visits available 5 days a week
- Low-dose CTs can be done during visit or on evenings/weekends



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Support for people who smoke

Quitting smoking is hard. We can make it easier.

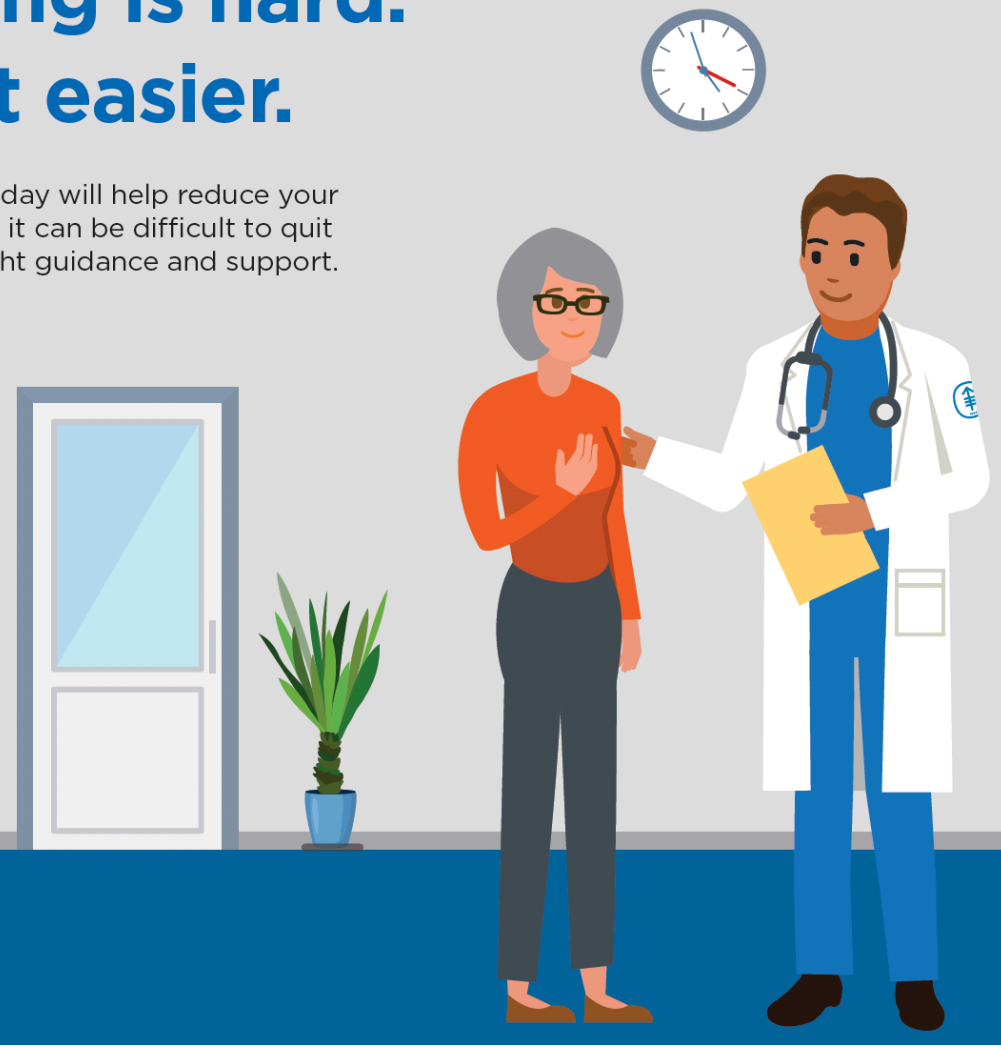
No matter your smoking history, quitting today will help reduce your risk for smoking-related diseases. We know it can be difficult to quit and stay quit, but you can do it with the right guidance and support. We recommend these resources:

MSK's Tobacco Treatment Program
212-610-0507

In New York
New York State Smokers' Quitline
866-NY-QUITS (866-697-8487)

In New Jersey
New Jersey Quitline
866-NJSTOPS (866-657-8677)

Nationwide
National Cancer Institute (NCI)
Smokefree.gov



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What happens when a lung nodule is found?

- Multidisciplinary team approach
- **Lung Nodule Program**: Long-term surveillance guided by thoracic surgeon
- Referral to interventional pulmonology, interventional radiology, thoracic surgery when needed for biopsy, treatment planning

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Advances in management of suspicious nodules





Shape-Sensing Robotic-Assisted Bronchoscopy

- Safely navigate to and biopsy lesions almost anywhere in the lung

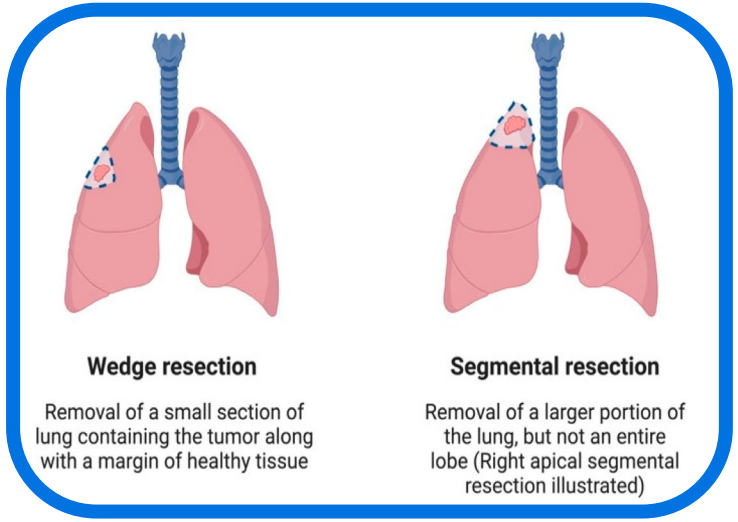
- Rapid on-site pathology evaluation to confirm diagnostic sampling

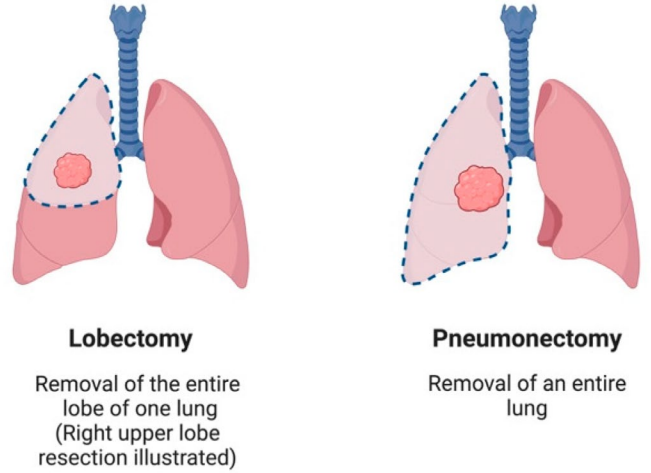
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Advances in management of early-stage lung cancers

Less Extensive Minimally-Invasive Surgery

- More limited resections now possible for some early-stage lung cancers using robotic & other minimally invasive approaches
- Patients leave the hospital & return to their usual activities more quickly





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Advanced molecular diagnostics for lung cancer



Next-Generation Tumor Sequencing

- Rapid mutation analysis with **MSK REACT,** Idylla, CtDNA
- State of the art tumor sequencing with **MSK IMPACT**

Precision Medicine

- Distinguish separate primary tumors from metastases
- Streamlined diagnostics → faster initiation of targeted therapy/immunotherapy, initiation on clinical trials

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Thank you!

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Upcoming NEBGH events:

- **November 19 | WEBINAR -** Direct Contracting in Action: Inside an Employer's Advanced Primary Care Strategy
- **December 14 | WEBINAR -** Mondays with Dr. Mark & Dr. Michael: Breaking Up the Bundle: Maternity Care Gets a Makeover
- **December 16 | WEBINAR -** Post-Midterm Reality Check: What the Election Results Mean for Employers

SAVE THE DATES FOR THESE 2027 IN-PERSON EVENTS AND CONFERENCES!

- **February 11, 2027 –** 32nd Annual Tribute to Leadership
- **March 18, 2027 –** Cancer Summit
- **June 24, 2027 -** 16th Annual Conference
- **September 23, 2027** - Pharmacy Benefits 2027
- **November 2027 –** Women's Health Conference